



## SUMMER ACTIVITIES OF 7-9 YEARS KIDS

### Day 1: Build Your Dream Room (with recyclable material)

**Objective:** Spatial imagination, design thinking, upcycling awareness

#### How to Do:

1. Gather recyclable items—cardboard boxes, paper rolls, old buttons, etc.
2. Ask the child to sketch their dream room layout.
3. Build a 3D model using tape, glue, and scissors.
4. Encourage details: “Add a slide from bed to study area,” “Book corner with shelves made of tissue boxes.”



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## Day 2: Comic Strip on Kindness

**Objective:** Value-based learning, visual storytelling, empathy

### How to Do:

1. Use A4 sheets divided into 4–6 boxes.
2. Child draws a short comic about a character who performs kind acts (sharing lunch, helping a friend).
3. Use speech bubbles and color pencils.
4. Discuss the message: “What did your comic teach others?”

## Day 3: Design Your Family Flag

**Objective:** Identity exploration, art, family bonding

### How to Do:

1. Take a blank paper and draw a rectangle (flag).
2. Ask your child to choose symbols for family values (e.g., heart for love, tree for growth).
3. Add favorite colors and each member’s initials.
4. Mount it and explain it to the family like a mini-presentation.



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## Day 4: Story Dice Adventure

**Objective:** Creative thinking, story sequencing

### How to Do:

1. Make dice with paper or use real ones.
2. Label one with character types (pirate, scientist...), one with settings (island, city...), one with problems (lost treasure, machine broken...).
3. Roll all three and let the child create a story.
4. Optional: write and illustrate the story in a journal.

## Day 5: Gratitude Jar Craft

**Objective:** Emotional intelligence, reflection, positivity

### How to Do:

1. Clean a small jar and decorate it with ribbons, stickers, or labels (e.g., "Thankful Thoughts").
2. Each day, the child writes one note about what they are thankful for (person, experience, small joy).
3. Read them aloud at the end of the week or whenever they feel low.



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## Day 6: Origami Forest

**Objective:** Fine motor skills, focus, creative thinking

### How to Do:

1. Teach simple origami animals: fox, butterfly, owl.
2. Make trees and flowers using green and brown paper.
3. Build a forest scene by gluing onto chart paper.
4. Add a story element: “What do these animals do in your forest?”

## Day 7: Build a Time Capsule

**Objective:** Self-reflection, memory preservation

### How to Do:

1. Use a shoebox or container.
2. Ask your child to add small items: a photo, toy, drawing, or a letter to future self.
3. Seal and decorate the box.
4. Write on top: Open in May 2026! and store it safely.



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## Day 8: Create a Story Wheel

**Objective:** Imagination, literacy, gamified storytelling

**How to Do:**

1. Divide a circle into 6–8 sections: Character, Setting, Problem, Helper, Twist, Ending.
2. Write or draw options in each.
3. Spin a paperclip or arrow on the wheel to select story elements.
4. Let your child narrate or write a full story based on the spin.

## Day 9: Paint with Nature

**Objective:** Nature connection, texture exploration

**How to Do:**

1. Collect leaves, sticks, flower petals.
2. Dip them in paint and press onto paper.
3. Explore textures: leaf veins, twigs making lines, petal prints.
4. Title the artwork (e.g., “Forest Magic”)



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## Day 10: Traffic Rules Simulation at Home

**Objective:** Safety education, role-play, real-world application

### How to Do:

1. Use toys or tape to mark roads, signals, zebra crossings.
2. Assign roles: pedestrian, driver, traffic police.
3. Use signs: STOP, GO, SLOW.
4. Practice actions: looking both ways, stopping at red.

## Day 11: Make a Hero Mask

**Objective:** Value-based creativity, inspiration

### How to Do:

1. Use paper/cardboard to cut a mask shape.
2. Decorate with glitter, colors, stickers.
3. Ask: “Who is your hero?” (Mom, firefighter, teacher, freedom fighter).
4. Child presents why this person is a hero to them.



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## Day 12: DIY Family Tree Wall

**Objective:** Family bonding, generational awareness

### How to Do:

1. Use chart paper to draw a tree trunk and branches.
2. Stick photos or write names of grandparents, parents, siblings.
3. Below each, write a fun fact or habit (e.g., “Grandpa loves mangoes”).
4. Keep updating as you discover more.

## Day 13: Build a Kindness Chain

**Objective:** Habit-building, visible growth of empathy

### How to Do:

1. Cut strips of colorful paper.
2. Every time your child does a kind act (helping, complimenting, donating), write it down.
3. Staple or glue into a chain.
4. Hang it on their study wall—visual reminder of kind behavior



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## Day 14: Guess the Sound Game

**Objective:** Sensory training, focus, fun play

**How to Do:**

1. Blindfold your child.
2. Create sounds using familiar objects: bell, zipper, clap, spoon tap, bottle open.
3. Ask: “What sound was that?”
4. Record their score and repeat for family members.

## Day 15: Showcase Favorite Activity + Reflection

**Objective:** Communication skills, self-reflection, closure

**How to Do:**

1. Ask the child to pick one activity from the last 15 days.
2. Prepare a short 2-minute speech: What did you enjoy? What did you learn?
3. Present it to the family with props, models, or drawings.
4. End with a small Certificate of Completion and applause.



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